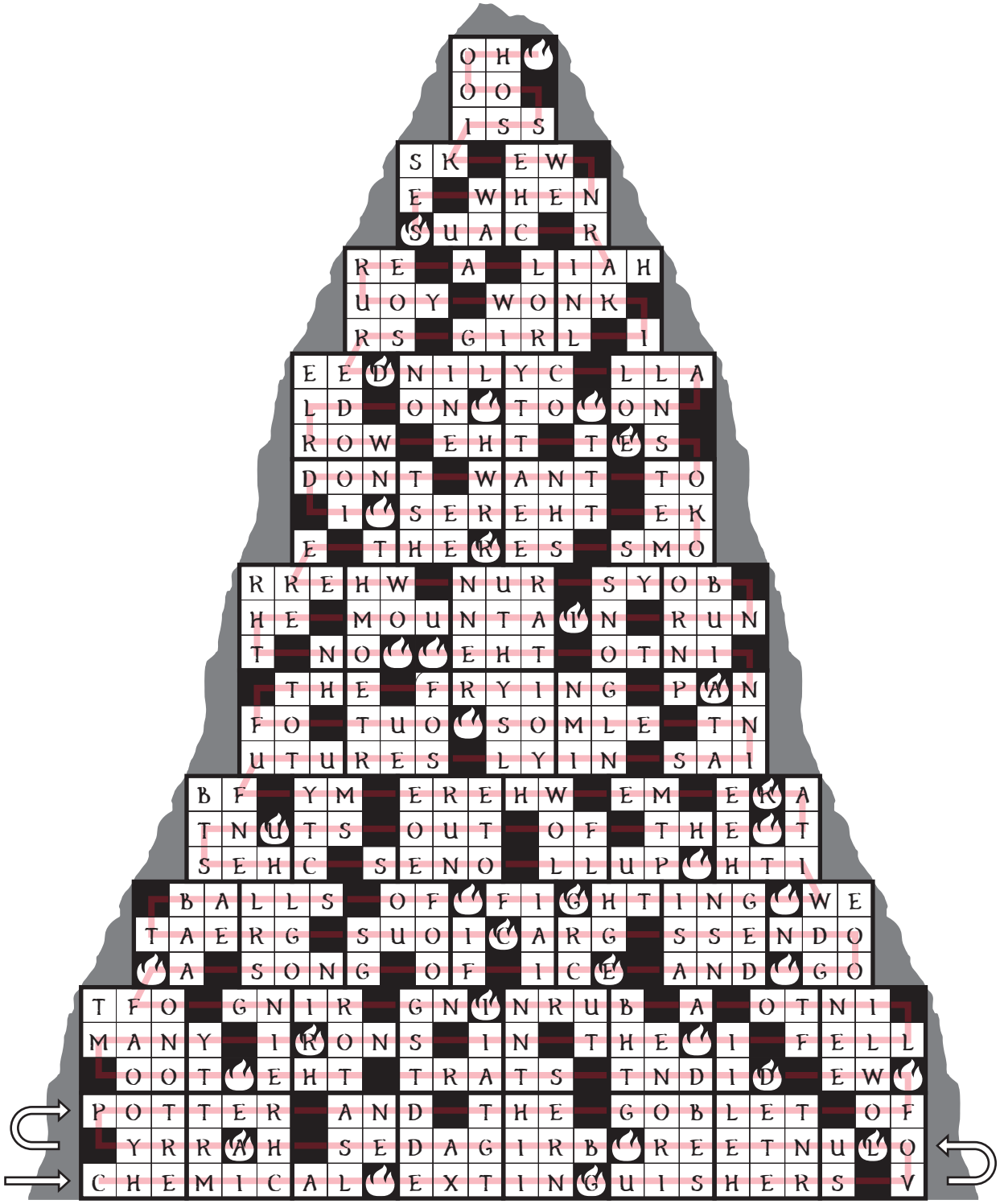
The Firebird

Solutions: GLARE GUARD, DICKIES, SHERBET

Assemble the boxes as shown below and follow the path up the mountain. Flame graphics will either land in blank spaces, in which case they represent the word "fire" in an expression or lyric, or on a letter. Read these letters in path order, noting the reference in the intro to "sometimes singing and sometimes not": letters that are part of lyrics spell DICKIES, while non-lyric letters spell GLARE GUARD. The path misses certain letters as it climbs. Heading back down the mountain, these spell SHERBET.