VANAHEIM SOLUTION - SHOW AND TELL

The latter italicized word or phrase given on each fortune clues a short word. The first such word or phrase on a different fortune clues a word in which the short word can be read "in BED" (as in the "smirky joke" practice of reading fortunes from fortune cookies followed by that phrase). Fortunes can thus be chained into a loop (starting point to be determined by the solver). Indexing by lucky number into the shorter word spells the answer SHOW AND TELL.

FORTUNE 10	BAWLED	/	EMUS	4	S
FORTUNE 3	BEMUSED	/	HAVE	1	Н
FORTUNE 1	BEHAVED	/	ROACH	2	0
FORTUNE 5	BROACHED	/	ROWS	3	W
FORTUNE 2	BROWSED	/	ACHE	1	А
FORTUNE 7	BEACHED	/	YON	3	Ν
FORTUNE 9	BEYOND	/	ORDER	3	D
FORTUNE 11	BORDERED	/	ETRE	2	Т
FORTUNE 6	BEET RED	/	EMIR	1	Е
FORTUNE 4	BEMIRED	/	LATHER	1	L
FORTUNE 8	BLATHERED	/	AWL	3	L