Solving this puzzle requires a bit of tacking back and forth between the two parts. First, the word grid may be filled as shown, Scylla's six "heads" extending beyond her lair. Filling this grid suggests a way to navigate Charybdis: crossways.

To complete Charybdis, any ship or boat entering must be "shattered"; that is, rearranged to form a new word. Once done, crossing the whirlpool in the direction of the arrow reveals the message "shift heads".

Back to Scylla: shifting each of her heads one letter forward in the alphabet spells the final answer: OLD NET

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	N				K				С	_
	0	R	Ι	Е	N	Т	Е	Ε	R	
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	0		J		K		٦		S	
	S	Α	С	R	Е	D	С	0	W	
	Ш		Е		R		Η		Α	
	Е	N	D	L	Е	S	S	L	Υ	
	М				D				S	
	N				Е				Т	

Castrati
Eschewer of the Koran (hyph; var.)
Healing agents
How to navigate a whirlpool
It's spent in the UK?
Persuaded
Something not to be criticized (2 wds)
Sportsman reckoning with a map and compass
Without stopping

